



# 30<sup>th</sup> Annual Peninsula High School Bowling League

**Who:** The PHSL is a mixed bowling league in which both high school boys and girls participate. There are handicap and scratch divisions. The Peninsula High School HS Bowling Club is open to all students, including eighth graders and homeschoolers. This is a club sport and there are not any tryouts; all skill levels are welcome. The Peninsula HS Bowling League Coordinator is Mary C. Pancoast. She can be reached with any questions at (757)930-1346.

**What:** The Peninsula HS Bowling League is about to begin its 30<sup>th</sup> Season. It only takes three students to form a handicap team to represent your high school in the league. Scratch bowlers bowl head to head singles matches. You can bowl in tournaments against other high school bowlers in the state. You will enjoy parties and make new friends! Please check out our webpage at <http://vpusbc.net/youth> for more information about youth bowling.

**This year in coordination with the bowling center, the cost for the league includes an easy payment plan. Each uncertified bowler (USBC membership fee is \$10.00) will pay a \$50.00 deposit on the first day of bowling. Each certified bowler (USBC membership fee paid in another league) will pay a \$40.00 fee on the first day of bowling. Then each bowler will pay \$6.00 each session in their team envelopes. The price plan includes USBC membership, shoes and bowling for sixteen sessions from mid-November till around mid-February.**

**When:** The organizational meeting with free bowling will be held at AMF York Bowling Center on November 2, 2017, at 3:30 pm. The handicapped bowling league starts on November 9, 2017, from 3:30 to normally 5:30 pm then finishes on February 8, 2018 with a party and awards. All Scratch bowlers will also meet at AMF York on November 2, 2017 and will follow the same calendar.

**Why:** Bowling will challenge you and it is rewarding. Trophies will be awarded in several categories to handicap league bowlers. The scratch league will be an all scholarship league.

**PHSL will bowl in the Hampton Roads District Championship on Sunday, December 10, 2017. All scratch bowlers will receive an automatic berth into this event. The remaining spots will be filled by the top teams from each of the two area high school leagues. The top Scratch bowlers will form the Peninsula Area All Star Team, and with eight (8) additional teams will advance to the HS State Championships held in Richmond on January 7, 2018 where bowlers will compete for over \$5000 in college scholarships!**

**Coaching:** USBC Certified Silver Coaching lessons should be available before and after some league competitions and occasionally at special afternoon practices at AMF York Lanes. Certified coaching is also available to students that want help during league competition. Questions? Contact Coach Rob Johnson at (757)508-3566 or [BowlCoachCorner@aol.com](mailto:BowlCoachCorner@aol.com)